



**FIGHT
TO END**

PARTICIPANT PACKAGE

THE CAUSE

YOUTH OPPORTUNITIES UNLIMITED

JOAN'S PLACE

YOUTH WELLNESS HUB

In the London community, over 25% of people struggling with homelessness are youth under 25. These people often experience trauma, including abuse, loss of family support, victimization from trafficking, or even coercion into sex work or criminality. A safe space is necessary to help forge a path to education, employment, and full community participation – and it starts with a safe place to come into and then a place to call home.

The Joan's Place Youth Wellness Hub will be this safe place. Funds raised will be used to build these facilities, furnish the lobby area, and create low-barrier access for youth to participate in programs and services designed to help them overcome and rise up from experiencing homelessness.



26 %

of those accessing shelters are 24 years and younger

(London's Emergency Shelter's Progress Report 2011-2016)



60%

of individuals in London were under the age of 30 when they first experienced homelessness

(2018 London Community Enumeration Event Results)



80% +

who received Housing First supports remained housed after the first year

(Housing First, Homeless Hub)

Why should you consider being involved?

Homelessness remains one of London's most critical social issues in 2023. Having services, and places like YOU, is not enough: we need to help make them accessible to everyone who needs them. We want to band together again this year and make an impact. By being a participant in this event you are saying "YES" to standing with the youth struggling in our community. You are saying "YES" to being a part of the change. You are saying "YES" to helping more people live with dignity and choose a better future.

What are the commitment requirements?

TRAINING

As part of your participation, you will be training for 18 weeks at Boomerz Boxing Club with professional coaches. Training runs from July to November and is scheduled on Tuesday and Thursdays from 7pm to 8pm.

FUNDRAISING

There is a small fee of \$250 to register as a participant in the event. This will be collected upon confirmation that you will be joining this year's Fight Camp (training). This fee covers some of the costs for your preparation for the event. We also ask that all participants help by raising awareness and supporting the cause through fundraising a minimum of \$1,000 each.

PROMOTING

Share Share Share! As a selected fighter in the event, one of the best ways you can show your support is through helping to promote the event on your social media channels, and through your personal and professional circles. You will be provided with high-quality professional marketing pieces to help make this easy for you.

MEET NICOLE

2019 FTE Alumni

“FTE is the most supportive, motivated and kindest group of people that I can call my friends and family...”



When I first heard about Fight to End, I was excited about the idea of getting a good workout and learning how to properly box, but I almost didn't apply because of my own anxieties of what could or would happen if I stepped into the ring. One thing I can say is that I am VERY proud that I followed through with the application, training and the event.

WORDS FROM THE RING



“It sure feels like 18 weeks training, 29 years since I became a teen Mom, life etc has all come down to this one night. To give back to our amazing community and help young mothers fight battles I had no help fighting. For those young families? I’m coming out guns blazing. FTE 2022.” ~ Meda ‘Soul Stealer’ Riley, Country Girl Catering, FTE Alumni 2022

“After having fought in the ring, I feel proud. Proud of being a part of something so great and epic. The money we raised will make a huge difference. I was most surprised by how fast the day went, it was a whirlwind and I struggle to remember some of the details. The strongest emotion I have today is: pride, pride of being a part of wonderful event for youth opportunities and Fight to End. If I could have given myself a piece of advice on event day, I would have said: Soak it all in and enjoy every moment with everyone involved.”

” ~ Shawn ‘Maddog’ Froggett, General Dynamics Land Systems Canada, FTE Alumni 2022



@JeffLockhartPhoto



“What would I tell a new participant who is curious about what the experience was like? Sign up! It is one of the best things I have ever been involved in” ~ ‘Scary’ Carrie O’Brien, Drewlo Holdings, FTE Alumni 2022

THE JOURNEY

ROUND 1: Application

Submit your application before May 26th to participate in the 2023 Fight to End Homelessness. Take some time and think about WHY you want to join in. We get a lot of applicants and although we would love to accept everyone, we can only accept a limited number of people each year. We are looking for participants who bring positivity and are passionate about making a difference in the community. All applicants will be notified by June 15th, 2023 and will be required to pass a medical with our Fight doctor (At Orientation night).

ROUND 2: Fight Camp

All successful applicants will be required to participate in an 18-week Fight Camp at the FTE home gym; Boomerz Boxing Club. There are no additional fees for these sessions and they will take place on Tuesdays and Thursdays from 7-8pm, under the instruction of the FTE Coaching Team.

The Coaching team will work hard to ensure you are ready to step into the ring and throughout Fight Camp you will have the opportunity to show your commitment while preparing for the main event. Unfortunately, not all Fight Camp participants will step into the ring. Approximately 1 month prior to the event, the Boomerz Boxing Club and FTE Coaching team will assess your eligibility based on Boxing Ontario requirements for matchups, your overall health, and your ongoing commitment. Through this process, the final 32 participants who will fight on the night of the event will be determined. All participants are important to the event and are part of helping in the Fight to End Homelessness.

Note: There is a chance that a participant who is 'cut' at this round due to a lack of match up, may have an opportunity to rejoin if a match-up opportunity arises.

ROUND 3: The Main Event

On Event Day, you will meet with the Boxing Ontario officials for your final weigh-in and complete a quick medical check with our fight doctor to ensure you and your opponent are still an appropriate match. Afterward, we'll welcome your friends, family, and approximately 1,000 attendees into our venue, for London's 3rd Fight to End Homelessness Premiere event.

FAQs

Do I need boxing experience?

No, and it's actually preferred that you do not have previous boxing experience. At the end of the full 18 weeks, that will change.

Do I need to be in shape before applying?

No. It's important that you stay committed to the event and cause, so as long as you pass the medical and focus on your fitness and health, it should be fine.

How do you pick applicants?

Applicants are chosen based on a number of criteria including community involvement, motivation, and personal story.

How do you select who gets to fight at the event?

In order to fight, you must be matched up with another fighter by age, weight, height, and gender, according to Boxing Ontario regulations.

Can I train on my own?

Yes, you can BUT the weekly training at Boomerz Boxing is mandatory. You can do your own additional training but it is imperative that all fighters be trained properly for Fight Night.

What happens if I don't match up?

We will have 16 rounds of fights at the event. If you are not selected as a fighter, we have several roles available to help us make the event as amazing and successful as possible.

What size gloves do we wear? Do I need my own?

16 oz gloves, and you can get your own to train if you want to. Fight Night, you will be using the Fight to End logo gloves.

Is Orientation night mandatory?

Yes. This is when you will get your photos taken for the event, all of the information you need, your medical examination, and meet the FTE Team and the Boomerz Team.

What if I have trouble raising money?

Talk to us. We have tons of tips and tried-and-true things you can try that have worked VERY well for past participants.

FIGHT
TO END

Still have questions? Email us

WeighIn@FightToEnd.ca

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